Lister Primary School

PSHE Coverage at Lister Infants

Nursery Overview of PSHE coverage

Nursery Topics	Term 1:1	Term 1:2	Term 2:1	Term 2:2	Term 3:1	Term 3:2
	Let's Explore (Me/nursery/colours)	**Family Time** (Home/Size/ Celebrations)	**Food Glorious Food** (Food/ Textures/ Shapes)	**What shall I wear today?** (Clothes/ Pattern/ People help us)	**Down on the Farm** (Animals/ Transport)	**Opposites Attract** (Prepositions/ Opposites)
Jigsaw Unit	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
School Values	Respect	Kindness	Honesty	Respect	Kindness	Honesty
Whole School Focused Days	Pants Rule Fire Safety (bonfire night)	Anti-bullying (on/off line) Road Safety (darker nights) Police (stranger danger)	Safer Internet Relationships Day	Walk to School Week	Smile week – dental Money week	Environmental Day
Cross curricular PSHE Coverage	**Computing** Digital Literacy – E-safety					
	Science ; Animals including Humans - Learning body parts. What humans need, how they grow. The need to respect and care for the natural environment and all living things.		**Science;** Materials Cooking/baking including healthy foods The need to respect and care for the natural environment			**Science;** Plants - seeds and care for growing plants & how they grow The need to respect and care for the natural environment and all living things.
	PE includes opportunities for play both indoors and outdoors (eg games, gymnastics, athletics, dance, yoga - see PE timetable for more details) developing gross and fine motor skills enabling healthy bodies and minds. In addition to this; daily mile sessions, cross curricular learning involving 'get up and go' type activities, outdoor areas facilitate continuous provision with physical activities e.g. bikes & scooters, den building with larger apparatus, hop scotch and target games, playtimes facilitated with sports equipment and led by sport coaches and playground leaders					
Planting	Plant spring bulbs	Bird feeders	Chit potatoes	Sow garlic April- plant potatoes, strawberries	Plant beetroot, carrots, tomato,	Harvest veg/ fruit
Healthy Food	Iced biscuits	Cupcakes	Soup Fruit kebab	Chocolate nests for Easter. Pancakes	Flapjacks	Strawberry jam tarts
Vocabulary	**Vocabulary**; SRE/Science; the children learn about the human body as it grows from birth to old age (the focus at this stage is on growth and not how reproduction occurs). **Washing Brushing teeth Getting dressed Boy Girl**					

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Reception Overview of PSHE coverage

Reception	Term 1:1	Term 1:2	Term 2:1	Term 2:2	Term 3:1	Term 3:2
Topics	Marvellous Me Are we all the same?	In My Liverpool Home What is a Liver bird and where would you find one?	On Safari Why do zebras have stripes?	Once Upon a Time Does everyone live happily ever after?	Up, Up and Away Can we ride a bike to Australia?	Here Comes the Sun. What do plants need to grow?
Jigsaw Unit	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
School Values	Respect	Kindness	Honesty	Respect	Kindness	Honesty
Whole School Focused Days	Pants Rule Fire Safety (bonfire night)	Anti-bullying (on/off line) Road Safety (darker nights) Police (stranger danger)	Safer Internet Relationships Day	Walk to School Week	Smile week – dental Money week	Environmental Day
Cross curricular PSHE links	**Computing** Digital Literacy – E-safety					
	Science; Animals including humans. Looking at physical similarities and differences			**Science;** Materials Sorting objects by what they are made of – recycling in school.		**Science;** Plants - gain an understanding how plants grow & change *(healthy food source).* **History**; How I have grown! How we have changed and developed this year. Linked to PSHE changes.
	PE includes opportunities for play both indoors and outdoors (eg games, gymnastics, athletics, dance, yoga - see PE timetable for more details) developing gross and fine motor skills enabling healthy bodies and minds. In addition to this; daily mile sessions, cross curricular learning involving 'get up and go' type activities, outdoor areas facilitate continuous provision with physical activities e.g. bikes & scooters, den building with larger apparatus, hop scotch and target games, playtimes facilitated with sports equipment and led by sport coaches and playground leaders					
Planting	plant spring bulbs October.	Making bird feeders	Chit potatoes	Sow garlic April- plant potatoes, strawberries & onions	Plant beetroot, carrots, tomato,	Harvest veg/ fruit
Healthy Foods	Little Red Hen- bread roll faces. Breakfast cereals	Xmas cookie	Toast and milk.	Bake Gingerbread man	Picnic - sandwiches	Party/Cake/scone
Vocabulary	SRE/Science; the children learn about the human body as it grows from birth to old age (the focus at this stage is on growth and not how reproduction occurs). Washing Brushing teeth Getting dressed Clean Boy Girl Same Different Grow Face Hair skin					

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Year One Overview of PSHE coverage

Key Stage 1	Term 1:1	Term 1:2	Term 2:1	Term 2:2	Term 3:1	Term 3:2
Year One Topics	**Paws, Claws & Whiskers** Why do tigers have sharp teeth?	**Superheroes** Why do people wear a poppy?	**Memory Box** Why is Frank Hornby famous?	**Street Detectives** Why is Tuebrook called Tuebrook?	**Africa Oye!** Can you grow tangerines in Liverpool?	**Splendid Skies** Why are the Wright brothers famous?
Jigsaw Unit	**Being Me in My World**	**Celebrating Difference**	**Dreams and Goals**	**Healthy Me**	**Relationships**	**Changing Me**
School Values	Respect	Kindness	Honesty	Respect	Kindness	Honesty
Whole School Focused Days	Pants Rule Fire Safety (bonfire night)	Anti-bullying (on/off line) Road Safety (darker nights) Police (stranger danger)	Safer Internet Relationships Day	Walk to School Week	Smile week – dental Money week	Environmental Day
Cross curricular PSHE links	**Computing** Digital Literacy – E-safety					
	Science; Animals including Humans Identify; name, draw the basic parts of the human body & say which part of the body is associated with each sense.		**Science;** Materials *& recycling; responsibility for things they can do to look after their environment (not statutory)*		**Science** Planting; *Observe the growth of vegetables planted (not statutory)* **DT** Make a fruit Kebab Understand where food comes from & learn about the basic principles of healthy eating.	**PSHE** (RSE) to name the main parts of the body including external genitalia (e.g. vagina, penis)
	PE includes 2 hours of timetabled PE every week led by teachers and sports coaches (e.g. games, gymnastics, athletics, dance, yoga - see PE timetable for more details). In addition to this; daily mile sessions, cross curricular learning involving 'get up and go' type activities, outdoor areas facilitate continuous provision with physical activities e.g. bikes & scooters, den building with larger apparatus, hop scotch and target games, playtimes facilitated with sports equipment and led by sport coaches and playground leaders.					
	Vocabulary; SRE/Science; the children learn about the human body as it grows from birth to old age (the focus at this stage is on growth and not how reproduction occurs). **Washing Brushing teeth Independence Clean – hygienic Boy Girl Gender Body parts Private Penis Vagina Hair Face Skin Same Different Grow and change**					

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Year Two Overview of PSHE coverage

Year two Topics	Our World Why can't I have chocolate for breakfast?	Fire, Fire! Why are houses made from brick?	At Home & Further Away Why are the Beatles famous?	Extreme Earth Why are polar bears white?	Wonderful Woodland Why are squirrels suited to a woodland?	Changes Why do frogs eat butterflies?
Jigsaw Unit	**Being Me in My World**	**Celebrating Difference**	**Dreams and Goals**	**Healthy Me**	**Relationships**	**Changing Me**
School Values	Respect	Kindness	Honesty	Respect	Kindness	Honesty
Whole School Focused Days	Pants Rule Fire Safety (bonfire night)	Anti-bullying (on/off line) Road Safety (darker nights) Police (stranger danger)	Safer Internet Relationships Day	Walk to School Week	Smile week – dental Money week	Environmental Day
Cross curricular PSHE links	**Computing** Digital Literacy – E-safety					
	PSHE About foods that support good health & the risks of eating too much sugar Household products (including medicines) can be harmful if not used correctly		**Science**; Living things & their habitats How habitat provide for basic needs of animals	**Geography;** Human & physical Location of cold areas of the world (environmental effects) PE **PE** swimming		**Science**; Animals including Humans Animals have offspring which DT; Food and nutrition grow into adults.
	DT; Food and nutrition Design & make, evaluate a healthy sandwich					**PSHE** (RSE) to name the main parts of the body including external genitalia (e.g. vagina, penis)
	Science; Animals including Humans. Basic needs of animals. Importance of exercise, varied diet & hygiene.					
	PE includes 2 hours of timetabled PE every week led by teachers and sports coaches (e.g. games, gymnastics, athletics, dance, yoga -see PE timetable for more details). In addition to this; daily mile sessions, cross curricular learning involving 'get up and go' type activities, outdoor areas facilitate continuous provision with physical activities e.g. bikes, scooters, den building with larger apparatus, hop scotch, target games, playtimes facilitated with sports equipment and led by sport coaches & playground leaders. **Vocabulary**; SRE/Science; the children learn about the human body as it grows from birth to old age (the focus at this stage is on growth and not how reproduction occurs) **Good hygiene Similar Different Boy Girl Gender Gender roles Stereotypes Male Female Body parts Private Penis Vagina Change Grow Life cycle**					

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