

Physical Education NC Content Coverage

	Term 1:1	Term 1:2	Term 2:1	Term 2:2	Term 3:1	Term 3:2
Year One Topics	Memory Box Why is Frank Hornby famous?	Superheroes Why do people wear a poppy?	Paws, Claws and Whiskers Why do tigers have sharp teeth?	Street Detectives Why is Tuebrook called Tuebrook?	Africa Oye! Can you grow tangerines in Liverpool?	Splendid Skies Why are the Wright brothers famous?
Year One PE Coverage	<p>Ball Skills Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p> <p>Dance Perform dances using simple movement patterns</p>	<p>Invasion Games Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p> <p>Dance Perform dances using simple movement patterns</p>	<p>Gymnastics Master basic movements as well as developing balance, agility and co-ordination</p> <p>Target Games Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p>	<p>Gymnastics Master basic movements as well as developing balance, agility and co-ordination</p> <p>Fitness Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p>	<p>Athletics Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Yoga Master basic movements as well as developing balance, agility and co-ordination</p>	<p>Net and Wall Games Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p> <p>Striking and Fielding Games Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p>
Extra	Daily Mile	Daily Mile	Daily Mile	Daily Mile	Daily Mile	Daily Mile

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	Term 1:1	Term 1:2	Term 2:1	Term 2:2	Term 3:1	Term 3:2
Year Two Topics	Scrumdiddlyumptious Why can't I have chocolate for breakfast?	Fire, Fire! Why are houses made from brick?	At Home and Further Away Why are the Beatles famous?	Extreme Earth Why are the poles so cold?	Wonderful Woodland Why are squirrels suited to a woodland?	Changes Why do frogs eat butterflies?
Year Two PE Coverage	<p>Ball Skills Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p> <p>Dance Perform dances using simple movement patterns</p>	<p>Invasion Games Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p> <p>Dance Perform dances using simple movement patterns</p>	<p>Gymnastics Master basic movements as well as developing balance, agility and co-ordination</p> <p>Swimming All schools must provide swimming instruction either in key stage 1 or key stage 2.</p>	<p>Gymnastics Master basic movements as well as developing balance, agility and co-ordination</p> <p>Swimming All schools must provide swimming instruction either in key stage 1 or key stage 2</p>	<p>Athletics Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Yoga Master basic movements as well as developing balance, agility and co-ordination</p>	<p>Net and Wall Games Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p> <p>Striking and Fielding Games Master basic movements including throwing and catching. Participate in team games, developing simple tactics for attacking and defending.</p>
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