

## PSHE Coverage at Lister Infants

### Whole School Overview of PSHE coverage

| Whole School  | Term 1:1  | Term 1:2   | Term 2:1  | Term 2:2   | Term 3:1   | Term 3:2   |
|---|---|--|---|--|--|--|
| <b>Jigsaw Unit</b>  | <b>Being Me in My World</b><br>Includes understanding my place in the class, school and global community as well as devising Learning Charters.   | <b>Celebrating Difference</b><br>Includes anti-bullying (cyber and homophobic bullying included) and diversity work. | <b>Dreams and Goals</b><br>Includes goal-setting, aspirations for yourself and the world and working together.  | <b>Healthy Me</b><br>Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices                                   | <b>Relationships</b><br>Includes understanding friendship, family and other relationships, conflict resolution and communication skills. | <b>Changing Me</b><br>This puzzle includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education) |
| <b>School Values</b>  | Respect   | Kindness   | Honesty   | Respect  | Kindness   | Honesty  |
| <b>Whole School Focused Days</b>  | Pants Rule<br>Fire Safety (bonfire night)   | Anti-bullying (on/off line)<br>Road Safety (darker nights)<br>Police (stranger danger)                               | Safer Internet<br>Relationships Day   | Walk to School Week  | Smile week – dental<br>Money week  | Environmental Day  |
| <b>Cross-curricular</b><br><i>*other curriculum areas are mapped out in PSHE yearly overviews</i>   | PE includes 2 hours of timetabled PE every week led by teachers and sports coaches (e.g. games, gymnastics, athletics, dance, yoga - see PE timetable for more details). In addition to this; daily mile sessions, cross curricular learning involving 'get up and go' type activities, outdoor areas facilitate continuous provision with physical activities e.g. bikes & scooters, den building with larger apparatus, hop scotch and target games, playtimes facilitated with sports equipment and led by sport coaches and playground leaders. |  |   |  |  |  |
| <b>SRE vocabulary</b>   | <b>Nursery</b>  | <b>Reception</b>   | <b>Year One</b>   |  | <b>Year Two</b>  |  |
|   | Washing<br>Brushing teeth<br>Getting dressed<br>Boy Girl  | Washing<br>Brushing teeth<br>Getting dressed<br>Clean<br>Boy Girl<br>Same Different<br>Grow<br>Face Hair skin        | Washing<br>Brushing teeth<br>Get dressed - independent<br>Clean – hygienic<br>Boy Girl Gender<br>Body parts Private Penis Vagina<br>Hair Face Skin<br>Same Different<br>Grow and change | Good hygiene<br>Similar Different<br>Boy Girl Gender<br>Gender roles Stereotypes<br>Male Female<br>Body parts Private Penis Vagina<br>Change Grow Life cycle |  |  |
| Vocabulary in <b>Science</b> ; the children learn about the human body as it grows from birth to old age (the focus at this stage is on growth and not how reproduction occurs). In <b>SRE</b> differentiated vocabulary is taught. Curriculum mapping highlights what, when & where the SRE content falls. |   |  |   |  |  |  |