

PE overview Lister Infants

	Term 1 Autumn	Term 2 Spring	Term 3 Summer
Whole School Focus	Games	Gymnastics	Athletics
Reception	Games Dance Multi Skills	Gymnastics Yoga Bears T2:1 Dance T2:2 Multi Skills	Athletics Yoga Bears T3:1 Dance T3:2 Multi Skills
Year one	Games Yoga Bears T1:1 Dance T1:2 Multi Skills	Gymnastics Yoga Bears T2:1 Dance T2:2 Multi Skills	Athletics Yoga Bears T3:1 Dance T3:2 Multi Skills
Year two	Games Yoga Bears T1:1 Dance T1:2 Multi Skills	Gymnastics Yoga Bears T2:1 Swimming Multi Skills	Athletics Yoga Bears T3:1 Dance T3:2 Multi Skills

Teachers can use the gymnasium to do additional PE lessons throughout the year and visitors may come to support PE

All classes also complete the Daily Mile at least three times a week