

## PSHE Coverage at Lister Infants

### Whole School Overview of PSHE coverage

Whole School	Term 1:1	Term 1:2	Term 2:1	Term 2:2	Term 3:1	Term 3:2
<b>Jigsaw Unit</b>	<b>Being Me in My World</b> Includes understanding my place in the class, school and global community as well as devising Learning Charters.	<b>Celebrating Difference</b> Includes anti-bullying (cyber and homophobic bullying included) and diversity work.	<b>Dreams and Goals</b> Includes goal-setting, aspirations for yourself and the world and working together.	<b>Healthy Me</b> Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices	<b>Relationships</b> Includes understanding friendship, family and other relationships, conflict resolution and communication skills.	<b>Changing Me</b> This puzzle includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education)
<b>School Values</b>	Respect	Kindness	Perseverance	Honesty	Resilience	Courage
<b>Whole School Focused Days</b>	Pants Rule Fire Safety (bonfire night)	Anti-bullying (on/off line) Road Safety (darker nights) Police (stranger danger)	Safer Internet Relationships Day	Walk to School Week	Smile week – dental Money week	Environmental Day
<b>Cross-curricular</b> <i>*other curriculum areas are mapped out in PSHE yearly overviews</i>	PE includes 2 hours of timetabled PE every week led by teachers and sports coaches (e.g. games, gymnastics, athletics, dance, yoga - see PE timetable for more details). In addition to this; daily mile sessions, cross curricular learning involving 'get up and go' type activities, outdoor areas facilitate continuous provision with physical activities e.g. bikes & scooters, den building with larger apparatus, hop scotch and target games, playtimes facilitated with sports equipment and led by sport coaches and playground leaders.					
<b>SRE vocabulary</b>	<b>Nursery</b>	<b>Reception</b>	<b>Year One</b>		<b>Year Two</b>	
	Washing Brushing teeth Getting dressed Boy Girl	Washing Brushing teeth Getting dressed Clean Boy Girl Same Different Grow Face Hair skin	Washing Brushing teeth Get dressed - independent Clean – hygienic Boy Girl Gender Body parts Private Penis Vagina Hair Face Skin Same Different Grow and change	Good hygiene Similar Different Boy Girl Gender Gender roles Stereotypes Male Female Body parts Private Penis Vagina Change Grow Life cycle		
Vocabulary in <b>Science</b> ; the children learn about the human body as it grows from birth to old age (the focus at this stage is on growth and not how reproduction occurs). In <b>SRE</b> differentiated vocabulary is taught. Curriculum mapping highlights what, when & where the SRE content falls.						