

Physical Education NC Content Coverage

	Term 1:1	Term 1:2	Term 2:1	Term 2:2	Term 3:1	Term 3:2
Year One Topics	Paws, Claws and Whiskers Why do tigers have sharp teeth?	Superheroes Why do people wear a poppy?	Memory Box Why is Frank Hornby famous?	Street Detectives Why is Tuebrook called Tuebrook?	Africa Oye! Can you grow tangerines in Liverpool?	Splendid Skies Why are the Wright brothers famous?
Year One PE Coverage	<p>Games participate in team games, developing simple tactics for attacking and defending</p> <p>Yoga Bears To develop balance, agility and co-ordination</p>	<p>Games participate in team games, developing simple tactics for attacking and defending</p> <p>Dance Perform dances using simple movement patterns</p>	<p>Gymnastics – specialist coach developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Yoga Bears To develop balance, agility and co-ordination</p>	<p>Gymnastics - specialist coach developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Dance Perform dances using simple movement patterns</p>	<p>Athletics master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Yoga Bears To develop balance, agility and co-ordination</p>	<p>Athletics master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Dance Perform dances using simple movement patterns</p>
Extra	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>

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	Term 1:1	Term 1:2	Term 2:1	Term 2:2	Term 3:1	Term 3:2
Year Two Topics	Scrumdiddlyumptious Why can't I have chocolate for breakfast?	Fire, Fire! Why are houses made from brick?	At Home and Further Away Why are the Beatles famous?	Extreme Earth Why are the poles so cold?	Wonderful Woodland Why are squirrels suited to a woodland?	Changes Why do frogs eat butterflies?
Year Two PE Coverage	<p>Games- specialist coach participate in team games, developing simple tactics for attacking and defending</p> <p>Yoga Bears To develop balance, agility and co-ordination</p>	<p>Games- specialist coach participate in team games, developing simple tactics for attacking and defending</p> <p>Dance Perform dances using simple movement patterns</p>	<p>Gymnastics developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Yoga Bears To develop balance, agility and co-ordination</p>	<p>Gymnastics developing balance, agility and co-ordination, and begin to apply these in a range of activities</p>	<p>Athletics master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Yoga Bears To develop balance, agility and co-ordination</p>	<p>Athletics master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Dance Perform dances using simple movement patterns</p>
Extra	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Swimming</p> <p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Swimming</p> <p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>	<p>Multi Skills with specialist sports coach on Friday x20mins</p> <p>Daily Mile</p>