

LISTER BISTRO MENU WEEK 1

WE ♥ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN CURRY	HOME MADE LASAGNE	SAUSAGE, BACON, SCRAMBLED EGG	ROAST BEEF WITH YORKSHIRE PUDS	FISH FINGERS BREADED FISH
VEGETABLE CURRY	VEGETARIAN LASAGNE	TUNA PASTA	QUORN FILLET IN GRAVY	JACKET POTATO OR CHEESE OMELETTE
STEAMED RICE AND NAAN BREAD	GARLIC BREAD	HASH BROWN BEANS	HOME MADE ROAST POTATOES	CHIPS
STEAMED VEGETABLES	BABY CORN GREEN BEANS	BUTTON MUSHROOMS	CARROTS BROCCOLI SPROUTS	BEANS OR PEAS
CHOCOLATE MUFFIN OR FRUIT BOWL	CAKE & CUSTARD FRUIT BOWL	JELLY & CREAM FRUIT BOWL	ICE CREAM OR FRUIT BOWL	ICED BUN OR FRUIT BOWL

AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES,

FRESH BAKED BREAD, YOGHURT, FRESH & DRIED FRUIT.



WE ♥ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THICK PORK SAUSAGE	LISTER HOME MADE SCOUSE	SELECTION OF PIZZAS	ROAST BEEF YORKSHIRE PUDS	FISH FINGERS BREADED SALMON
VEGETARIAN SAUSAGE IN GRAVY	VEGETARIAN SCOUSE	CHEESY PIZZA	QUORN FILLET IN GRAVY	BAKED POTATO CHEESE OMELETTE
CREAMY MASH POTATO	SLICED CRUSTY BREAD	POTATO WAFFLES	ROAST POTATOES & YORKSHIRE PUDS	CHIPS
STEAMED PEAS	BEETROOT & RED CABBAGE	CHOPPED SALAD STEAMED SWEETCORN	CARROTS, BROCCOLI AND SPROUTS	BAKED BEANS OR PEAS
ICE CREAM OR FRUIT BOWL	STICKY TOFFEE PUD FRUIT BOWL	CAKE & CUSTARD OR FRUIT BOWL	VICTORIA SPONGE OR FRUIT BOWL	JELLY & CREAM OR FRUIT BOWL

AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES,
FRESHLY BAKED BREAD, YOGHURT, FRESH & DRIED FRUIT

LISTER BISTRO MENU WEEK 3

WE  HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAUCY MEATBALLS	HOME MADE COTTAGE PIE	SELECTION OF HOME MADE PIZZAS	ROAST TURKEY WITH STUFFING	FISH FINGERS FISH STARS OR BREADED FISH
QUORN MEAT BALLS	HOME MADE VEGETARIAN COTTAGE PIE	FULLY LOADED CHEESE PIZZA	QUORN FILLET IN GRAVY	BAKED POTATO OR CHEESE OMELETTE
PASTA TWISTS GARLIC BREAD	CRUSTY SLICED BREAD	POTATO WEDGES	HOME MADE ROAST POTATOES	CHIPS
STEAMED MIXED VEG	STEAMED VEG	CHOPPED SALAD SWEET CORN	CARROTS BROCCOLI SPROUTS	BAKED OR PEAS
JAM DOUGHNUTS OR FRUIT BOWL	CAKE & CUSTARD SLICE FRUIT BOWL	ARCTIC ROLL OR FRUIT BOWL	CHOC BROWNIE OR FRUIT BOWL	JELLY & CREAM OR FRUIT BOWL

AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES,
FRESHLY BAKED BREAD, YOGHURT, FRESH & DRIED FRUIT.

