

MARCH 21

LISTER BISTRO MENU WEEK 1

WE  HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAUSAGE ROLL	FRESH BBQ CHICKEN FILLET	SELECTION OF HOMEMADE PIZZAS	ROAST BEEF STUFFING & YORKSHIRE PUDS	FISH FINGERS FISH STARS OR BREADED FISH BREADED SALMON
CHEESE ROLL	BBQ QUORN FILLET	CHEESE PIZZAS	QUORN FILLET	JACKET POTATOES OR CHEESE OMELETTE
CUBED POTATOES	STEAMED RICE	POTATO WAFFLES	HOMEMADE ROAST POTATOES	CHIPS
SPAGHETTI HOOPS OR FRESH SALAD	STEAMED GREEN BEANS	SWEETCORN OR FRESH SALAD	CARROTS OR BROCCOLI	BAKED BEANS OR PEAS
ICE CREAM TUB OR FRUIT BOWL	VICTORIA SPONGE OR FRUIT BOWL	STRAWBERRY MERINGUE OR FRUIT BOWL	MUFFIN OR FRUIT BOWL	ICED BUN OR FRUIT BOWL

**AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES,
FRESH BAKED BREAD, YOGHURT, FRESH & DRIED FRUIT.**



LISTER BISTRO MENU WEEK 2

WE ❤️ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN TIKKA	HOT DOGS	HOME MADE LASAGNE	SWEET CHILLI CHICKEN WRAPS	BREADED FISH FISH FINGERS FISH STAR
VEGETABLE CURRY	VEGETARIAN HOT DOGS	VEGETABLE LASAGNE	SWEET CHILLI VEGGIE WRAPS	HAM AND CHEESE OMELETTES
STEAMED RICE AND NAAN BREAD	POTATO WEDGES	GARLIC BREAD	CUBED POTATOES	CHIPS
STEAMED MIXED VEG	STEAMED SWEET CORN	STEAMED GREEN BEANS	SWEET CORN OR FRESH SALAD	BAKED BEANS OR PEAS
ICE CREAM OR FRUIT BOWL	JELLY AND CREAM FRUIT BOWL	CHOCOLATE BROWNIE OR FRUIT BOWL	LEMON SLICE CAKE OR FRUIT BOWL	FRUITY FRIDAY OR FRUIT BOWL

AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES,

FRESHLY BAKED BREAD, YOGHURT, FRESH & DRIED FRUIT.



LISTER BISTRO MENU WEEK 3

WE ❤️ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAUCY MEATBALLS	CHICKEN FILLET IN A BURGER BUN	SELECTION OF HOME MADE PIZZAS	SLICED GAMMON AND PINAPPLE RING	FISH FINGERS FISH STARS OR BREADED FISH BREADED SALMON
QUORN MEATBALLS	VEGGIE BURGER IN A BUN	FULLY LOADED CHEESE PIZZA	QUORN FILLET	JACKET POTATO OR CHEESE OMELETTE
PASTA SPIRALS GARLIC BREAD	CUBED POTATOES	POTATO WAFFLES	CREAMY MASHED POTATO	CHIPS
STEAMED MIXED VEG	FRESH SALAD	CHOPPED SALAD SWEET CORN	STEAMED PEAS AND FRESH BROCCOLI	BAKED BEANS OR PEAS
GINGERBREAD MAN OR FRUIT BOWL	JELLY AND CREAM SLICE FRUIT BOWL	ICE CREAM OR FRUIT BOWL	OAT RAISIN COOKIES OR FRUIT BOWL	CHOCOLATE ORANGE SLICE OR FRUIT BOWL

AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES,
FRESHLY BAKED BREAD, YOGHURT, FRESH & DRIED FRUIT.

