

OCTOBER 19

LISTER BISTRO MENU WEEK 1

WE ❤️ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PASTA BOLOGNAISE	SAUSAGE IN GRAVY	LISTER HOME MADE SCOUSE	ROAST TURKEY & STUFFING	FISH FINGERS FISH STARS OR BREADED FISH BREADED SALMON
QUORN BOLOGNAISE	QUORN SAUSAGE IN GRAVY	VEGETARIAN HOME MADE SCOUSE	QUORN FILLET	JACKET POTATOES CHEESE OR BEANS
PASTA TWISTS	CREAMY MASH POTATO	CRUSTY BREAD	HOMEMADE ROAST POTATOES	CHIPS
STEAMED MIXED VEGETABLES	STEAMED GARDEN PEAS	BEETROOT	CARROTS OR BROCCOLI	BAKED BEANS OR PEAS
GINGERBREAD MAN OR FRUIT BOWL	CHERRY SPONGE CUSTARD OR FRUIT BOWL	RASPBERRY JELLY OR FRUIT BOWL	ICE CREAM TUB FRUIT BOWL	CHOCOLATE ORANGE SLICE OR FRUIT BOWL