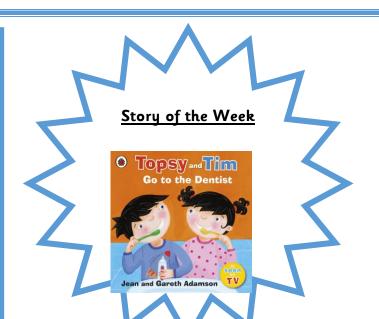
Wow what a busy week for Nursery...

This week we have taken part in 'health week' at school which has involved lots of exciting visits and activities. We have met the Firefighters, learnt how to look after our teeth and talked about healthy foods and printed with fruit and vegetables.

We have exercised and had a Mr Men fitness challenge each day!

Towards the end of the week we continued yoga, sports and made delicious fruit smoothies.



Rhyme of the Week

Mr Beat Mr Beat is a body part

He has a lot of rhythm and we call him heart

He lives in a cage inside our chest

Beats fast when we exercise

Slower when we rest

Homework Challenge!

This weekend we challenge you to eat or help make something healthy with or for your family. For example, a fruit salad or smoothie.

Record your experiences on the magical moment below!



<u>Parents Evening</u>

Wednesday 9th October

If you haven't returned your parents evening slip please do so ASAP so staff can give you a time to discuss how your child has settled in to school life.

Please note this meeting is a 5 minute slot, if you wish to discuss any further matters or concerns please speak to Miss Manley or Miss Daniels.

Thank you.



Magical Moment