

LISTER BISTRO MENU WEEK 1

WE ♥ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN CURRY	SAUSAGE ROLL	CHICKEN PASTA IN TOMATO SAUCE	HOT DOG	FISH FINGERS FISH STARS OR BREADED FISH
VEGETABLE CURRY	CHEESE SLICE	CHEESY TOMATO PASTA	QUORN HOT DOG	FILLED JACKET POTATOES
STEAMED RICE	CREAMY MASHED POTATO	STEAMED PASTA TWISTS	POTATO WAFFLES	CHIPS
MIXED VEGETABLES	SPAGHETTI HOOPS	GARDEN PEAS	SWEETCORN	BAKED BEANS
GINGERBREAD MAN OR FRUIT BOWL	STRAWBERRY MOUSSE OR FRUIT BOWL	JELLY OR FRUIT BOWL	ARTIC ROLL OR FRUIT BOWL	LEMON DRIZZLE SLICE OR FRUIT BOWL

AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES,

FRESH BAKED BREAD, YOGHURT, FRESH & DRIED FRUIT.



LISTER BISTRO MENU WEEK 2

WE ❤️ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEEF BOLOGNAISE	CHICKEN BURGER IN A BUN	SWEET AND SOUR CHICKEN	ROAST TURKEY	FISH FINGERS FISH STARS OR BREADED FISH
QUORN BOLOGNAISE	QUORN BURGER IN A BUN	SWEET AND SOUR QUORN	ROAST QUORN	FILLED JACKET POTATOES
PASTA TWISTS AND GARLIC BREAD	BAKED POTATO WEDGES	STEAMED RICE	HOME MADE ROAST POTATOES	CHIPS
MIXED VEGETABLES	SWEET CORN AND CHOPPED SALAD	PEAS	CARROTS AND BROCCOLI	BAKED BEANS
SWEET AMERICAN PANCAKES OR FRUIT BOWL	MELON WEDGES OR FRUIT BOWL	STRAWBERRY MERINGUE OR FRUIT BOWL	TUB OF ICECREAM OR FRUIT BOWL	JELLY OR FRUIT BOWL

AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES,
 FRESHLY BAKED BREAD, YOGHURT, FRESH & DRIED FRUIT.



LISTER BISTRO MENU WEEK 3

WE ❤️ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PORK MEATBALLS	BBQ CHICKEN	MEAT PIZZA	THICK PORK SAUSAGE	FISH FINGERS FISH STARS OR BREADED FISH
QUORN BALLS IN TOMATO SAUCE	BBQ QUORN	CHEESE PIZZA	QUORN SAUSAGE	FILLED JACKET POTATOES
PASTA TWISTS	STEAMED RICE	BAKED POTATO WEDGES	CREAMY MASHED POTATO	CHIPS
MIXED VEGETABLES	STEAMED BROCCOLI	SWEETCORN & CHOPPED SALAD	GARDEN PEAS	BAKED BEANS
BLUEBERRY MUFFIN OR FRUIT BOWL	BAKED COOKIE OR FRUIT BOWL	CHOCOLATE FUDGE BROWNIE OR FRUIT BOWL	JELLY OR FRUIT BOWL	TUB OF ICE CREAM OR FRUIT BOWL

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