

SATs Advice for Parents



Shhhhhhh! Stay
Calm. Don't panic!
Don't mention the
word SATs or test.



Make sure your child
gets enough sleep.

Make sure your child
attends school everyday
and is on time.



Make sure your child
has a healthy and
nutritious breakfast.



Complete any
homework set!



Read everyday!

Revise times tables and
number facts.



Speak to
your child's
class teacher
for further
advice.

