









# LISTER SCHOOL WEEK 3

WE ❤️ HEALTHY EATING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BEEF BOLOGNESE</b> 	<b>CHICKEN CURRY</b>	<b>MEAT PIZZA</b>	<b>HOTDOG</b> 	<b>FISH FINGERS / SALMON SKEWER</b>
<b>QUORN BOLOGNESE</b>	<b>CHICKPEA &amp; VEGETABLE CURRY</b>	<b>CHEESE PIZZA</b> 	<b>QUORN HOTDOG</b>	<b>CHEESE OMELETTE</b>
<b>GARLIC BREAD</b>	<b>BOILED RICE</b> 	<b>HERBED POTATO CUBES</b>	<b>BAKED POTATO WEDGES</b>	<b>CHIPS</b> 
<b>GARDEN PEAS</b>	<b>FRESH BROCCOLI</b>	<b>FRESH CARROTS &amp; CHOPPED SALAD</b>	<b>SWEETCORN</b> 	<b>BAKED BEANS MIXED VEG</b>
<b>GINGERBREAD MAN</b> 	<b>FROSTED CAKE SLICE</b>	<b>BANANAS &amp; CUSTARD</b>	<b>ARCTIC ROLL</b>	<b>FRUIT FILLED JELLY</b> 

AVAILABLE DAILY: SALAD BAR, FILLED BAKED POTATOES, SELECTION OF SANDWICHES, BREAD, YOGHURT, FRESH & DRIED FRUIT, CHEESE & CRACKERS.