

# Healthy teeth



Amanda from Liverpool Dental hospital visited Lister Infants and shared important messages on how to look after our teeth.

The children learnt about the effect of food and drink on our teeth.



Amanda showed the children what happens to the surface of teeth if you have sugary food and drinks and do not brush!



The children compared healthy teeth to unhealthy teeth!

Remember if you have sugary treats, always brush your teeth!



All the children in Lister Infants received a free toothbrush and toothpaste courtesy of colgate.